

Bib Number	TeamName	Wave Start Time
101	The Young and The Breathless	7:30 AM
102	your pace or mine	7:30 AM
103	Burke Sole Sisters Remix	7:30 AM
104	Rock Creek Valley Girls	7:30 AM
105	Rockin Rollers	7:30 AM
106	Slow and Steady	7:30 AM
107	Team NB	7:30 AM
108	Techno Maniacs	7:30 AM
109	UltraScientists	7:30 AM
110	Herd of Turtles	7:30 AM
111	Stragglng Irregulars	7:30 AM
112	Wanariadha	7:30 AM
113	Team Leidos	7:30 AM
133	For Everyman	7:30 AM
156	Straight off The Couch	7:45AM
114	Relay Racers	7:45 AM
115	Between a Walk and a Hard Pace	7:45 AM
116	Straight Outta Class	7:45 AM
117	Team 2008	7:45 AM
118	It's Almost Over	7:45 AM
119	The Led Sneakers	7:45 AM
120	Ultra Foxy	7:45 AM
121	Leg Miserables	7:45 AM
122	Morning Whiners	7:45 AM
123	Macro Ladies	7:45 AM
124	Mac Daddies	7:45 AM
155	Team Union YES	7:45 AM
125	RunnERS out of Washington	7:45 AM
126	Run for the Rosé	8:00 AM
127	Best Pace Scenario	8:00 AM
128	Bacon Pancakes	8:00 AM
129	Happy Feet	8:00 AM
130	Snailed It!	8:00 AM
131	VET LOVE!	8:00 AM

132	Miles To Margaritas	8:00 AM
134	Run, Retch, Repeat	8:00 AM
135	BOHICA	8:00 AM
136	Holy Fit	8:00 AM
137	#SLAMrunsDC	8:00 AM
158	OPERATION NORMAL	8:00AM
138	#SLAM4life	8:15 AM
139	#SLAMbettertogether	8:15 AM
140	#SLAMsisters	8:15 AM
141	My Boss Made Me Do This	8:15 AM
142	TRP Huskies	8:15 AM
143	#SLAMrocksthecreek	8:15 AM
144	#SLAMrunrepeat	8:15 AM
145	#SLAMmotherrunners	8:15 AM
146	#SLAMmamas	8:15 AM
147	Blue Jacket Run Loves	8:15 AM
148	MRTT Team 3	8:30 AM
149	MRTT Team 2	8:30 AM
150	MRTT team 1	8:30 AM
151	Marginal RunnERS	8:30 AM
152	#WomenOnAMission	8:30 AM
153	Mt. St. Albans Hoppers	8:30 AM
154	Chevy Chasers	8:30 AM