

ROCK THE CREEK RELAY

LEG 5

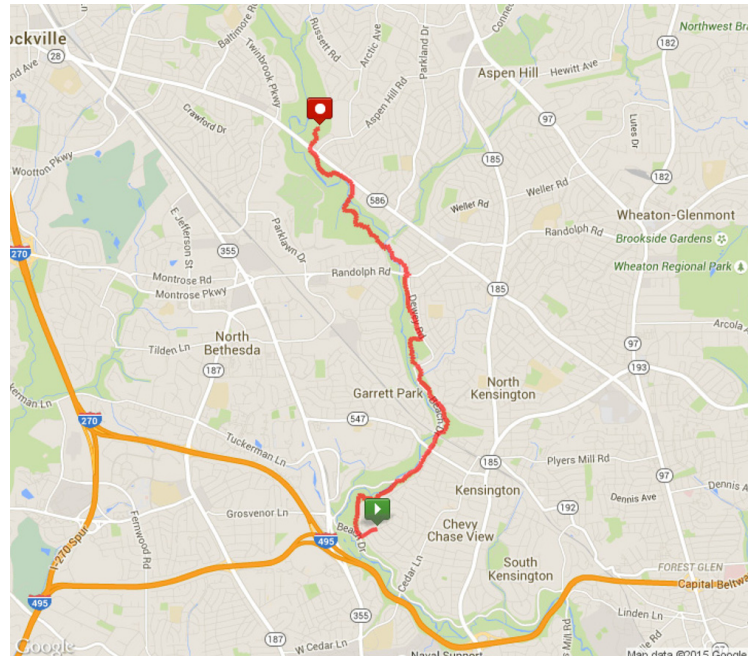
5.45 MILES



RUNNERS

Turn by Turn Directions (mileage is per segment, not total)

1. Leave transition and continue down Franklin on sidewalk .15 to
2. Right on Beach Drive to immediate right onto the bike path 1.25 to
3. Cross Knowles 1.9 to
4. Cross Randolph .35 to
5. Left over the bridge after the water fountain then immediate
6. Right up the hill 1.70 to
7. Cross parking lot .1 to
8. Transition on the right



Transition is on the field across the grassy area. Portable toilets in the lower parking lot. Closest house address is 5014 Baltic Ave, Rockville.

Start Elevation: **260 ft** | Max Elevation: **359 ft** | Gain: **259 ft**

